What is claimed is:

- 1 1. A headlight for use by physicians comprising:
- a) an adjustable headband for placing on a user'shead;
- b) at least two forward-facing lamp housings
 disposed adjacent one another proximate a central
 position on a front side of said headband; and
- 7 c) at least one light emitting diode (LED) disposed 8 in each of said lamp housings.
 - 2. The headlight as recited in claim 1, wherein said at least two forward-facing lamp housings disposed adjacent one another proximate a central position on a front side of said headband are independently pivotally affixed thereto, whereby light output from each of said at least two LEDs in said lamp housings may be converged at a spot a predetermined distance forward therefrom.
- 3. The headlight as recited in claim 2, wherein said lamp housings further comprise means for focusing light from said at least one LED.

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- 4. The headlight as recited in claim 3, wherein said
 means for focusing light comprises at least one reflector
 disposed proximate said at least one LED.
- 5. The headlight as recited in claim 4, wherein said at least one reflector comprises a reflector disposed behind said at least one LED and a reflector placed forward of said at least one LED, said reflectors arranged so as to cooperatively gather light output from said at least one LED and project said gathered light in a forward direction.
- 6. The headlight as recited in claim 5, wherein said at least one of said reflectors comprises a substantially parabolic shape.
- 7. The headlight as recited in claim 2, wherein said adjustable headband comprises means for adjusting said headband to fit any user.
- 1 8. The headlight as recited in claim 2, further
 2 comprising means for controlling light output from at least
 3 one of said LEDs.
- 9. The headlight as recited in claim 8, wherein said
 means for controlling light output from at least one of said
 LEDs comprises at least one of the devices: a switch, means
 for varying the intensity of said at least one LED.

- 1 10. The headlight as recited in claim 2, further
 2 comprising a battery for supplying power to said at least one
 3 LED disposed in each of said at least two lamp housings.
- 1 11. The headlight as recited in claim 10, wherein said 2 battery comprises at least two batteries.
- 1 12. The headlight as recited in claim 11, wherein at
 2 least one of said at least two batteries is attached to said
 3 headband.
- 1 13. The headlight as recited in claim 11, wherein at
 2 least one of said at least two batteries is disposed
 3 externally to said headband.
- 1 14. The headlight as recited in claim 11, wherein said 2 at least two batteries further comprise means for replacing 3 one of said at least two batteries without interrupting light 4 output from said at least one LED disposed in said at least 5 two lamp housings.
- 1 15. The headlight as recited in claim 11, wherein said 2 at least two batteries further comprise means for regulating 3 power from said at least two batteries to maintain 4 substantially constant light output from said at least one LED 5 disposed in said at least two lamp housings.

- 1 16. The headlight as recited in claim 2, further
 2 comprising cushioning means disposed proximate an inside
 3 surface of said headband.
- 1 17. A headlight for use by physicians comprising:
- a) an adjustable headband for placing on a user'shead;
- b) at least two forward-facing lamp housings
 disposed adjacent one another proximate a central
 position on a front side of said headband;
- 7 c) at least one light emitting diode (LED) disposed 8 in each of said lamp housings; and
- 9 d) a source of electrical power operatively
 10 connected to each of said at least one LED.
 - 18. The headlight as recited in claim 17, wherein said at least two forward-facing lamp housings disposed adjacent one another proximate a central position on a front side of said headband are independently pivotally affixed thereto, whereby light output from each of said at least two LEDs in said lamp housings may be converged at a spot a predetermined distance forward therefrom.

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- 1 19. The headlight as recited in claim 18, wherein said 2 source of electrical power comprises a rechargeable battery.
- 20. The headlight as recited in claim 19, wherein said source of electrical power comprises at least one rechargeable battery, said at least one rechargeable battery disposed in at least one of the locations: affixed to said headband, and located externally to said headband.
- 1 21. The headlight as recited in claim 20, further
 2 comprising means for controlling light output from at least
 3 one of said LEDs.
- 1 22. The headlight as recited in claim 21, wherein said 2 means for controlling light output from at least one of said 3 LEDs comprises at least one of the devices: a switch, means 4 for varying the intensity of said at least one LED.